



Team Milton Keynes Season Starter Races

*Saturday 6th March, Saturday 20th March and Saturday
10th April 2010
at
Milton Keynes Bowl*

Held under British Cycling Rules and Regulations

Race Officials

Organiser Richard Harrison
53 Western Road
Wolverton
Milton Keynes
MK12 5AY

Telephone 01908 318407

Commissaires

Jon Miles
Paul Thomson
Malcolm Putman
Phil Murphy
Peter Nolan

Chief Marshall
First Aid

Race Schedule

Race	Category	Distance	Start Time
Novice Race	4 th category and none licence holders (over 16)	30 mins + 3 laps	10:00 hrs
Mens Scratch Race	2/3/4/J	1hr + 5 laps (51km)	11:00 hrs
Womens Handicap Race	W, WJ, Girls Youth A	35 km	12:30 hrs
U18 races	Youth E, D, C, B, A	Various	14:00 hrs

Milton Keynes Bowl

Directions From M1, Junction 14

Go straight over 10 roundabouts and **LEFT** at the 11th on to V4 Watling Street.
Go straight on at the next roundabout and the Bowl is on your left.

The post code is MK5 8AA for those of you with satellite navigation or using web sites like Google or AA route planner.

Parking

Please park in the Furzton Lake car park on the other side of Watling Street (the main road by the Bowl) and use the cycle path/footbridge back into the MK Bowl and the clubhouse.

Prizes

The table below is the minimum prize list.

Womens Events

	Overall	Round 1	Round 2	Round 3
1 st	£20	£20	£20	£20
2 nd	£15	£15	£15	£15
3 rd	£10	£10	£10	£10

Mens Events

	Round 1	Round 2	Round 3
1 st	£20	£20	£20
2 nd	£15	£15	£15
3 rd	£10	£10	£10

Novice Events

	Round 1	Round 2	Round 3
1 st	£15	£15	£15
2 nd	£10	£10	£10

Youth Events

Per age group

	Round 1	Round 2	Round 3
1 st	£5	£5	£5
2 nd	£3	£3	£3

Notes for Riders

If you have a puncture or mechanical problem before the last 5 laps of the race you will be allowed 1 lap out of the race, but must report to the Chief Commissaire and rejoin the group you were with at the time of the problem.

Please check your shoe plates before the race as worn or damaged plates can cause you and other serious injury if they come apart or release from the pedal during the race.

Pre-entered Riders

Numbers will be allocated at the signing on for each event.

Novices Race (4th category and non licence holders), 35mins, 10:00am

Name	Team	Cat.	EVENT		
			1	2	3
No pre-entries					

Mens Scratch Race (2/3/4/J), 1hr + 5 laps (51km), 11:00am

Name	Team	Cat.	EVENT		
			1	2	3
Aaron McCaffrey	AW Cycles.co.uk	2	X		X
Paul Foreman	Alpha RC/Team Corley Cycles	3	X	X	X
Steven Booth	Banbury Star CC	2	X	X	
Cameron Foster	Banbury Star CC	3	X	X	X
Kevin Jennings	Cambridge CC	4	X	X	X
Dave Woods	CC Luton	3	X	X	X
James Fox	CC Luton	2	X	X	X
Costa Pierides	Finchley RT	2	X		
Tom Neale	Inverse Racing	J3	X		
Matthew Smithson	Leeds Mercury	4	X	X	
Richard Stanton	Roy Pink Cycles RT	3	X	X	X
Adam Ellis	Spalding CC	3	X	X	X
Sam Lawson	Spirit RT	2	X	X	X
Freddie Clark	Spirit RT	2	X	X	X
Alistair Nash	Spirit RT	4		X	X
Richard Wood	Team Milton Keynes	2	X	X	X
Simon Fox	Team Synergy	2		X	X
Tom Kirk	Team Zappis	2		X	X
Christiaan Smith	Team Zappis	4	X	X	X
Philip Mitchell	Unattached	4	X		
Peter Robinson	Unattached	3	X		

Name	Team	Cat.	EVENT		
			1	2	3
Sean Dines	Unattached	3	X	X	X
Daniel Hustwayte	Unattached	4			X
Julian Judge	VC Lincoln	3		X	
Campbell Noon	Virgin Active	2	X	X	
Ian Knight	Virgin Active	3	X	X	X
Tim Carter	Virgin Active	2	X	X	X
Adrian Kilworth	Welland Valley CC	4	X	X	X

Womens Handicap Race, all categories, (35km), 12:30pm

Name	Team	Cat.	EVENT		
			1	2	3
Kelly Brown	Leeds Mercury	4	X	X	X
Francesca Lee	Twickenham CC	4	X	X	
Georgina Harper	Cardiff Ajax	4	X		
Elinor Barker	Cardiff Ajax	A	X		
Charlotte Ratcliffe	Cardiff Ajax	4	X		
Liz Webb	Cardif Ajax	4	X		

Youth Races, First race 2:00pm

Name	Team	Cat.	EVENT		
			1	2	3
Harry Bellars	Spalding CC	A	X	X	X
Louis Kilworth	Welland Valley CC	C	X	X	
Matthew Ellis	Spalding CC	D	X	X	X
James Alexander	Solihull CC	D	X	X	X