

Club Run List
July to September 2010



Date	Day	Group	Destination	Leader
03/07/2010	Saturday	A	Ivinghoe	Kevin Spires
		B	Cannons Ashby	Mike Read
		C	Salcey Forest	Trevor Crowter
		D	Salcey Forest	Steve Torley
04/07/2010	Sunday	A/B	Waddesden	David Carrington
10/07/2010	Saturday	A	Winslow	Nigel Collinson
		B	Marston Moretaine	Stephen Goodman
		C	Harrold/Carlton	Andy Jones
		D	Harrold/Carlton	Burti Montagu-Leon
17/07/2010	Saturday	A	Ashridge	Ed Catford
		B	Harrold	Adrian Thornley
		C	Upper Stowe	Alan Duncan-Jones
		D	Winslow	Mike Fittell
18/07/2010	Sunday	A/B	The Bluebell	
24/07/2010	Saturday	A	Marsworth	David Carrington
		B	Chearsley	Andy Vickers
		C	The Bluebell	Ritchie Dixon
		D	Stewkley	John Coen
31/07/2010	Saturday	A	Carlton	Jason Lazard
		B	Winslow	Tom Reddall
		C	Turweston - 70m	Mick Atkinson
		D	Turweston	Russell Phillips
01/08/2010	Sunday	A/B	Wendover Woods	Ed Catford
07/08/2010	Saturday	A	Marsworth	Nigel Collinson
		B	Cannons Ashby	Ritchie Dixon
		C	Marston Moretaine	Trevor Crowter
		D	Salcey Forest	Fiona Anderson
14/08/2010	Saturday	A	Salcey Forest	Kevin Spires
		B	Carlton	Steve Wakeland
		C	Waddesden	Martin Pluthero
		D	Winslow	Burti Montagu-Leon
15/08/2010	Sunday	A/B	Upper Stowe	

Date	Day	Group	Destination	Leader
21/08/2010	Saturday	A	Winslow	Gavin Old
		B	Chilterns	Leon Hargreaves
		C	Harrold/Carlton	Mike Fittell
		D	Harrold/Carlton	Burti Montagu-Leon
28/08/2010	Saturday	A	Waddesden	Nigel Collinson
		B	Marston Moretaine	Stephen Goodman
		C	Ashridge - 70m	Mick Atkinson
		D	Stewkley	Chris Walker
29/08/2010	Sunday	A/B	Ashridge	Nigel Collinson
04/09/2010	Saturday	A	Castle Ashby	David Carrington
		B	Winslow	Tom Reddall
		C	Salcey Forest	Robin Dowswell
		D	Salcey Forest	Fiona Anderson
11/09/2010	Saturday	A	Turweston	Ed Catford
		B	Salcey Forest	Adrian Thornley
		C	Turweston	Ritchie Dixon
		D	Turweston	Russell Phillips
12/09/2010	Sunday	A/B	Cannons Ashby	
18/09/2010	Saturday	A	Hudnall Corner	Jason Lazard
		B	The Bluebell	Andy Vickers
		C	Winslow	Mike Fittell
		D	Salcey Forest	Chris Walker
25/09/2010	Saturday	A	Salcey Forest	Kevin Spires
		B	Upper Stowe	Steve Wakeland
		C	Marston Moretaine - 70m	Mick Atkinson
		D	Winslow	John Coen
26/09/2010	Sunday	A/B	Waterperry	David Carrington

Group Information

Group	Start Time	Description	Suitable for	Ave speed	Distance	Notes
A	9.30	Training Ride	Experienced/racing riders	18mph+	55+	Riders must have means/knowledge to get themselves home in the event of being dropped
B	9.30	Steady ride	Regular riders at a steady pace	18mph+	50+	Riders must have means/knowledge to get themselves home in the event of being dropped
C	9.30	Steady ride	Regular riders at a steady pace	15/16mph	40 to 50 miles	
D	9.30	Intro Group	New riders	12/13mph	35 to 45 miles	Novice and new riders
Sunday A/B	9.00	Steady ride	Regular riders at a steady pace	18mph+	60	Riders must have means/knowledge to get themselves home in the event of being dropped

Start Informaton

All rides start from the Stony Stratford, outside "The Passage to India" restaurant.