

## Team Milton Keynes – Multi-sport swimming

### Parents/guardian code of conduct

Team Milton Keynes offers coached swim sessions to youth members who are actively involved in multisport. Children who attend the sessions will be entering duathlon, aquathlon and triathlon competitions representing Team Milton Keynes and must accept the principles of club and training sessions. These sessions are designed to help children improve endurance, speed and technique as well as learn about competitive triathlon and aquathlon requirements and not teach children to swim. Team Milton Keynes priority is to ensure that children are safe and parents' full support is required at all times.

#### Parents/guardians:

1. must set the right example for all children by showing respect at all times to the team members, coaches, officials, other adult swimmers, parents and for all facilities and property used during practice.
2. must ensure swimmers arrive and leave on time and avoid removing their child early from the hours training session unless otherwise agreed with the coach, officials or welfare officer.
3. are not permitted poolside at any time unless they are there in an official capacity such as coach, assistant, welfare officer or chaperone.
4. of children under 14 years of age should remain at the pool during training. If your child is under age 14 and you need to leave for an emergency, you must identify another nominated adult to take responsibility for your child should there be an emergency and leave an emergency contact number with an official.
5. must provide the club with an up-to-date mobile phone number in case of emergency and advise an official of any changes ASAP.
6. should not go into the changing rooms.
7. must not talk with or motion to swimmers or interrupt coaches on the poolside during practice.
8. must advise the club of any medical conditions which may affect their child while they are poolside.
9. must ensure that if their child brings any medicines they may require such as inhalers or epinephrine to training session they should be named, with required dosages clearly stated and easily accessible in their bags in case of an emergency.
10. must respect the integrity of swim coaches and accept that decisions are based on honest, objective evaluations of performance.
11. must maintain self control and refrain from inappropriate behaviour such as criticism either verbally or by gesture of coaches, helpers, all swimmers and other users of the facilities.
12. must look for opportunities to build rapport with other parents and club members and be an active participant in all team activities, encouraging and supporting your child and others by attending sessions.
13. must address concerns with the appropriate coach or welfare officer before a session begins or at the end.
14. must share the burden among parents by volunteering to help as required.
15. must pay membership fees and training fees on time.
16. know and uphold Team Milton Keynes rules, regulations, management and coach directives that are designed to maximise the experience for all multi-sport athletes.

## **Code of conduct – youth**

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### **Attendance**

#### **Youth members:**

1. must treat their coach, assistants, other club members, pool staff and fellow swimmers with respect
2. must inform the coach of any difficulties in attending training sessions.
3. must arrive in good time on poolside before the training session starts to complete poolside warm up as directed by the coach.
4. who arrive late must report to your coach before entering the pool.
5. must inform the coach if they need to leave the pool for any reason during training.

### **Coaching & other members**

#### **Youth members:**

6. must listen to the coach instructions at all times and obey them.
7. must not put other members at risk by pushing, tripping, running or generally messing around. Disruption of practice by an athlete will be grounds for removal.
8. must be aware of other swimmers and must not obstruct others from completing their training.
9. must inform the coach of any problems.
10. are expected to wear Team Milton Keynes team caps during practices, appropriate swimwear and trisuits when instructed by the coach.

### **Behaviour**

#### **Youth members:**

11. are expected to report any problems with the behaviour of fellow club members at the time to an appropriate club officer.
12. must treat everyone equally and never discriminate against another person on any grounds including that of age, sexual orientation, ethnic origin or nationality.
13. must not use inappropriate or abusive language, bully or harass other members, physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.
14. must display a high standard of behaviour at all times.
15. must recognise and celebrate the good performance and success of fellow club and team members.
16. must be aware of other swimmers while in the water and work as a team at all times.

**Violation of rules – Team Milton Keynes Youth Swimmers**

If a youth member or his or her parent violates the codes of conduct laid down by Team Milton Keynes, coaches have the authority to impose the penalties. The penalties include, but are not limited to, the following:

1. The athlete will be given a verbal warning.
2. The athlete will be pulled out of practice in addition to a verbal warning and the coach will contact the parent.
3. If the athlete continues her/his bad behaviour, s/he will be suspended for two weeks.
4. If the athletes' disciplinary problem continues, the athlete and parent will meet with the coach to discuss the problem further and how to resolve it.

I agree that if I violate any of these rules, I will be subject to disciplinary action determined by the coaches, which may include expulsion from Team Milton Keynes.

By signing your name, you, the athlete, agree that you have reviewed the Team Milton Keynes code of conduct and understand them. The athlete and the parent/guardian agree to abide by this code and accept the penalties for not abiding by these.

Parent/Guardian Sign Name

**Print Name**

**Date**

Youth Member Sign Name

**Print Name**

**Date**