

Team Milton Keynes – Time Trial Report – 2019 Alun Duncan-Jones

During 2019 the club again put on a full set of Club 10 Monday evening time trials using six courses which were well attended again although there is always room for more club members to have a go. Our average field was 23 entries each week with the Brogborough course being the most popular. We planned to put on a 20 mile open event in May on the Astwood course but this had to be cancelled because of road works on the course.

We continued to operate the section in 2019 without an appointed Time Trial Secretary as we had done for most of 2018 as well. Nevertheless we managed to still put on the club 10 events thanks to the support of many members. Clive Faine and Mick Atkinson did a lot of the preparation work to set up the events – obtaining permits and completing risk assessments for the various courses so a special thanks to Clive and Mick for this work.

To put on the club 10 events we had help from over 25 members to put signs out, pick signs up, time keeping, pushing off and marshalling. Special thanks go to Adam Pearson for managing the sign on sheets on-line each week and publishing the results.

The great news is that Dave Carrington has put his name forward to be Time Trial Secretary – we will all continue to provide the support in helping Dave with events but it is much better to have someone in position to lead the section.

Open Time-Trial Performances

A special mention for great performances by some of our regular Time –Trial competitors:

Clive Faine - Age Group 70-74 winner and UCI World Series UK TT champion in June 2019

Graeme Church – 1x1st and 2x2nd in the Paracyclist Category in Sigma Sports series, 1st in Paracyclist C1 Category National Circuit Championships 14 May 2019

Linda Dewhurst - 2nd Woman Veteran in 60-65 age group national Cycling Time Trials league table, a personal best for 25 Mile time-trial of 59 minutes and 35 seconds in September

Monday evening Club 10 results.

The full table of results can be seen on the club website – the overall winners of the season league are as follows:

Senior female (all comers)	Alex Knowles
Senior female (TMK)	Alex Knowles
Senior male (all comers)	Adam Strudwick
Senior male (TMK)	Adrian Cox
Vets over 60 - female	Linda Dewhurst
Vets over 60 - male	Trevor Hook
Vets over 70 - male	Clive Faine
Under 18s - female	Barbara de Koning
Under 18s - male	Jude Chamberlain

One special performance to note was Oliver Knight (a non-member) completing the Brogborough course in 19 minutes 50 seconds which must be one of the record fastest times on the course. We are still trying to track down where details of the club records can be found to check! Not sure whether Oliver will be entering any events next year as he has signed for a French cycling team.

Overall we have had a successful Time-Trial season although we have not had as many members competing in open event as in previous years. We look forward to another successful year in 2020 when we again plan to put on full season of Monday evening club 10 events with some discussion about how we might encourage a few more members to have a go. Classifying different bikes i.e. road and TT is one option we may consider plus running a TT event at the MK Bowl. We may also put on another open TT but on the popular Brogborough course.