

Volunteers Report 2019 – Alun Duncan-Jones

In 2019 the club had a similar set of events to 2018 which involved the club putting on a full season of Road Race, Off-Road and Time-Trial events to help sustain the sport and fulfil one of the club objectives to offer opportunities for club members to compete in local events.

As ever the club can only put on events if there are the volunteers available to support the events and enough organisers who can put the time in to do the planning and on the day running. Over many years now we have developed a solid base of expertise and a team of organisers to share the planning and make organising manageable. However we do need more members to come forward and be more involved in organising to take some on some of the workload!

Some key points to note for 2019.

- 83 members and helpers have volunteered to help with at least one event session of 3 to 4 hours. (If someone helps all day that is recorded as 2 sessions)*
- There were 161 volunteer sessions provided by members in total with the most sessions covered by one person being 7
- 16 of these 83 members helped at 3 or more events and provided 76 of all the 161 sessions
- 49 volunteers helped at 1 event – imagine the resource if they helped at 2 events!
- 2 Bowl road race events, 1 Road Race, 2 Off-Road Events, 19 club 10 Time Trials, Wednesday Youth Development Race series
- Club members took their turns helping at the LVRC Tuesday and BC Thursday Bowl races
- Parents and coaches helped put on the Youth Development Races

* Note that the session/ volunteer numbers do not include the Midweek Youth Development Races, Saturday Youth Training, Wednesday CX Mashup, Tuesday and Thursday Bowl races nor Thursday swim sessions where we also have many members helping to support events and training sessions.

For 2020 we are looking at a similar programme again plus we will be running a full set of Youth events at the Bowl in March.

As always it would be great to have more members volunteering and also confirming they are available at an early stage to take some of the stress away from organising events! If you have helped at an event this year then encourage your fellow members to volunteer. If you have never volunteered then do have a go – it is only involves 3-4 hours usually on a Saturday or Sunday – and be part of a great team.

A great big thank you to all those that have volunteered in 2019